



News and Services of the Hekman Library – April 2005

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Recent research suggests that plants carefully consider their environment, speculate on the future, conquer territory and enemies, and are capable of forethought!

In light of this new information regarding plant perceptory systems, the librarians ask that you please direct all future reference questions to the parlor fern on fourth floor.

THE FINE PRINT...

According to the print reference book *Chase's Calendar of Events*:



April Fools' Day began in France. New Year's Day had been April 1 but in the 16th century it was changed to January 1. People who continued to celebrate the old New Year became known as April fools and were subject to jokes and tricks.

Students who work on campus might like to remind their supervisors that April is **National Humor Month**.

The workplace should include laughter as it reduces stress, and enriches the quality of your life. Just think...you could be nominated "student of the year" for reminding your department to have fun!



Study break.... On a gusty day in April, celebrate National Kite Month by going to www.NationalKiteMonth.org and learning how to make your own kite!



Hold a kite making class in your dorm or apartment and challenge your friends to a "fun fly" with their newly created creations. It is good exercise too!

RESEARCH DATABASES FOR SPRING...

With warmer weather in the works you may find yourself being more active and wondering about physical fitness...and you will definitely find yourself researching and writing papers!

These databases have information you need:



The Health and Wellness Resource Center provides an integrated collection of fitness magazines, medical and professional periodicals, and reference books. The HWRC is designed for nursing and allied health students, as well as consumer health researchers.



A different but related database is the **Physical Education Index**.

This index provides citation information to journal articles about physical education and related disciplines including fitness, sports medicine, marketing, law, psychology, motor learning, and recreation. The citations come from a core of 303 scholarly journals!

FirstSearch @ The Hekman Library

MEDLINE

A third related database is the FirstSearch database called MEDLINE.

Produced by National Library of Medicine, **MEDLINE** includes journals published internationally which cover all areas of medicine. This includes information relevant to study of Biology, Chemistry, Nursing, Health, Physical Education, Recreation, Dance, and Sports.